

2015 CAP Step Up for Kids - 9/27/2015

Cassadaga, NY

Last Completed Event

## Mixed 5k Run RR

Comp#	Name	School	Time	Points
1	163 Liebers, Rob	M57 Run	20:08.00	
2	150 Brown, Emily	W12 Run	21:20.00	
3	137 Trussalo, Nick	M26 Run	21:25.00	
4	143 Zifra, Richard	M55 Run	21:43.00	
5	154 Pischera, Sam	M14 Run	22:57.00	
6	176 Eklum, Zachary	M20 Run	23:00.00	
7	95 Desauliners, Mark	M52 Run	23:12.00	
8	161 Zilbauer, Daniel	M39 Run	23:25.00	
9	109 Kemp, Monica	W30 Run	24:03.00	
10	169 Swan, Sylvia	W41 Run	24:30.00	
11	127 Roosa, Claire	W15 Run	24:48.00	
12	128 Roosa, Emma	W22 Run	25:05.00	
13	139 Waite, Mari	W15 Run	25:06.00	
14	97 Duba, Cade	M11 Run	25:19.00	
15	141 Waite, Zach	M30 Run	26:11.00	
16	175 Vincent, Kelly	W20 Run	26:25.00	
17	174 Minihane, Caitlyn	W20 Run	26:26.00	
18	148 Smith, Nicole	W35 Run	26:33.00	
19	170 Teuscher, John	M47 Run	26:55.00	
20	129 Sampson, Mark	M49 Run	27:11.00	
21	173 Betts, Richard	M66 Run	27:16.00	
22	164 Postle, Briana	W31 Run	27:46.00	
23	172 Ludwig, Diana	W14 Run	28:05.00	
24	106 Gruber, Stephanie	W40 Run	28:25.00	
25	166 Pearsall, Peter	M22 Run	28:33.00	
26	91 Carlberg, Nichelle	W34 Run	28:34.00	
27	140 Waite, Rod	M52 Run	29:06.00	
28	121 Ludwig, Rachel	W41 Run	29:10.00	
29	118 Ludwig, Benjamin	M43 Run	29:11.00	
30	165 Dah, Dah	M22 Run	30:19.00	
31	123 McKinley, Adam	M29 Run	30:59.00	
32	136 Tomassiini, Megan	W27 Run	31:05.00	
33	157 Cross, Mickalene	W40 Run	31:07.00	
34	167 Ginestre, Melissa	W34 Run	31:22.00	
35	99 Erb, Karin	W57 Run	31:24.00	
36	122 Mackenzie, Mac	W72 Run	31:35.00	
37	171 Chridtina, Kara	W49 Run	32:01.00	
38	155 Pischara, Mary	W42 Run	32:07.00	
39	104 Goldman, Betsy`	W32 Run	32:27.00	
40	82 Brown, Alex	M10 Run	33:17.00	
41	149 Johnson, Alycia	W40 Run	34:17.00	
42	86 Buchanan, Lori	W42 Run	34:29.00	
43	130 Spunaugle, Joanne	W42 Run	34:35.00	
44	92 Catanese, Kristy	W38 Run	35:46.00	
45	89 Campbell, Melissa	W35 Run	36:21.00	
46	146 Lindstrom, Brady	M9 Run	36:41.00	
47	147 Simmons, Cole	M12 Run	36:42.00	
48	158 Cross, Ken	M69 Run	36:43.00	
49	124 Miraglia, Dianne	W42 Run	36:49.00	
50	101 Fye, Greg	M50 Run	36:50.00	
51	110 Kibler, Lois	W67 Run	37:37.00	
52	156 Coia, David	M61 Run	38:27.00	
53	138 Waite, Lisa	W53 Run	41:34.00	
54	96 Desaulniers, Emmy	W50 Run	42:01.00	
55	107 Horan, Kaila	W32 Run	42:24.00	
56	177 White, Leanna	W62 Run	43:52.00	

57	153	Pischera, Jerry	M59	Walk	45:28.00
58	132	Thompson, Donavan	M9	Walk	46:57.00
59	125	Quatronne, John	M24	Run	47:01.00
60	126	Quattrone, Amanda	W24	Run	47:02.00
61	178	Scott, Charlie	M11	Run	47:27.00
62	159	Bellere, Dawn	W40	Walk	47:30.00
63	152	Wickmark, Nancy	W63	Run	48:06.00
64	151	Smith, Kierra	W36	Run	48:07.00
65	160	Zilbauer, Susan	W60	Walk	49:40.00
66	134	Thompson, Jamie	W34	Walk	51:06.00
67	133	Thompson, Gary	M34	Walk	51:07.00
68	135	Thompson, Olivia	W12	Walk	51:09.00
69	168	Deck, Hannah	W19	Run	51:19.00
70	180	Smith, Jennifer	W50	Walk	51:32.00
71	179	Smith, Joesph	M49	Walk	51:32.00
72	114	Lazarony, Lee Ann	W50	Walk	51:39.00
73	162	Berg, Tami	W49	Walk	51:56.00
74	108	Joy, Jackie	W57	Walk	51:57.00
75	105	Goldman, Michael	M65	Walk	52:00.00
76	80	Anderson, Nancy	W56	Walk	52:00.00
77	90	Cannon, Melanie	W31	Walk	52:16.00
78	113	Larson, Shannon	W41	Walk	52:18.00
79	115	Lescynski, Jesse	W36	Walk	53:14.00
80	116	Lescynski, Maryann	W60	Walk	53:17.00
81	112	Lancaster, Amanda	W30	Walk	54:24.00
82	88	Budniewski, Kelly	W27	Walk	54:28.00
83	87	Budniewski, Cindy	W57	Walk	54:29.00
84	100	Erb, Mark	M56	Walk	56:34.00
85	102	Fye, Julie	W52	Walk	56:36.00
86	94	Deming, Leonie	W41	Walk	58:14.00
87	117	Luczkowiak, Emma	W10	Walk	58:15.00
88	84	Brown, Candace	W37	Walk	59:12.00
89	83	Brown, Alyssa	W8	Walk	59:16.00
90	98	Duba, Crystal	W39	Walk	59:18.00
91	111	Klawon, Sara	W40	Walk	59:24.00
92	93	Counter, Sue	W61	Walk	59:25.00
93	131	Tarnowski, Traci	W31	Walk	59:43.00
94	79	Amidon, Tara	W35	Walk	59:45.00
95	145	Trask, Megan	W34	Walk	59:51.00
96	144	Brady, Teresa	W55	Walk	59:55.00